THIS IS A SAMPLE!!! DELETE THE SECTIONS IF THEY DO NOT APPLY!!

Senior Information Sheet

[Use headings for sections that apply to you. List in chronological order, most recent first]

	Academic GPA (6 Semesters)	
Include	Unweighted:	
only if	ACT: SAT Subject Tests:	
taking tests.	ACT: SAT Subject Tests: Subject & Score	Subject & Score
	Future Goals (possible careers, colleges applying, and possible majors):	an asllaga Tuvill
Examples	I plan to attend El Camino Community College in the fall and transfer to a four-year college. I will determine my major after exploring my opportunities in the subject areas that interest me.	
Only:	OR	t IIIC.
tatement	I plan to attend a four-year university to major in engineering and pursue a career as an Electrical Engineer. I intend to apply to UC Santa Barbara, CSU Long Beach, or Chapman University.	
nat fits		
ou.	OR	
	I plan to major in graphic design at El Camino College and transfer to a four-year university. I plan to	
	pursue a career in animation or architecture.	
	Awards/Honors (name of award, high school grade level awarded):	
	 Principal's Honor Roll (12, 11, 10, 9) – 3.5 GPA or better California Scholarship Federation (CSF) (12, 11, 10) 	
	 California Scholarship Federation (CSF) (12, 11, 10) National Honor Society (NHS) (12, 11) 	Note:
	• Girl Scouts Gold Award (or Boy Scouts Eagle Award) (12)	List awards starting with
	• Scholar-Athlete Award – J.V. Softball (10, 9)	the most
	• Golden State Honors in Algebra (9)	recent
		received first!
	Special interests, hobbies, talents:	
	• Music – Played piano since the age of 10	
	• Computers – Programming	
	BowlingBiking	
	• Biking	
	High School Organizations/Service (name of organization, activities, total hours, and grade level):	
	• Yearbook Senior Editor (12) (100 hr.)	
	 Review articles and layouts 	Note: List most recent
	• Key Club (12, 11, 10) (85 hr.)	participation <i>first!</i>
	 Nature Walk-Wilderness Park – Conducted tour of park 	Include service activities
	American Heart Association Walk – Registered participants Heal the Pay Clear vir. Pieled vir. treel from beach sites.	and total hours with each
	 Heal the Bay Clean-up – Picked up trash from beach sites Water Polo Team (12, 11) (30 hr.) 	MCHS organization.
	 Water Polo Team (12, 11) (30 hr.) Run game clock, record scores during games 	
	 Assist with pool set-up and clean-up 	
	• Ecology Club (10, 9) (22 hr.)	
	 Beach Cleanups – Cleared trash from beach sites 	
	 MCHS Garden – Weeded, helped maintain garden 	Note:
	 Water testing – Assisted with testing of water from local beaches 	List most recent <i>first</i> ,
		with

service activities and total hours.

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Student Government (ASB) (grade level, total hours, activities):

- Associated Student Body (ASB) [position] (217 hrs.) (11, 10)
 - Blood Drive Organized and provided patient care
 - Helped coordinate campus club activities

Athletic Teams/Band (name of sport, Varsity/JV/Frosh-Soph, grade level):

- Water Polo Varsity (12, 11), Frosh/Soph (10) Team Captain (12, 11)
- Cheer Squad (12, 11) Captain (12)
- Drill Team (11, 10)
- Band Lead Trumpet in Jazz Band (11)
- AYSO Region 18 (5 through 11)
- Volleyball J.V. (10, 9)
- Soccer Frosh/Soph (9)

<u>Note</u>: List most recent participation *first!* Include non-school sports teams, if participated while in high school.

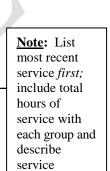
Non-School Service (name of organization, total hours, duties, grade level):

- Little Company of Mary Hospital (12, 11) (220 hrs.)
 - Filing, nurse's aid, deliver flowers to patients
- Community Baptist Church Youth Group Leader (12, 11, 10) (120 hrs.)
 - Organize and conduct activities for children
- Friends of Manhattan Beach Library (67 hrs.) (11, 10)
 - Cataloging books, stocking shelves, reading to small children
- Girl Scouts (11, 10, 9) (107 hr.)
 - Wilderness Park Community Service project (directed troop refurbishing park pathways and planting new shrubbery)
- AYSO Region 18 (11, 10) (70 hrs.)
 - Coach for 7-8 year girls
 - Referee for soccer games
- SEA Laboratory (100 hrs. total) (10, 9)
 - Clean tanks, conduct tours

Work experience (name of employer, hours per week, and duties – grade level):

- A, B, C Law Offices May 2008 to present (15 hrs./week)
- Receptionist, typing, filing
- Child Care (6 hrs./week) (11, 10)
 - Supervise children age 4 to 10, plan activities, prepare snacks

Note: List most recent employment *first!*Include hours per week and duties performed.



performed.